

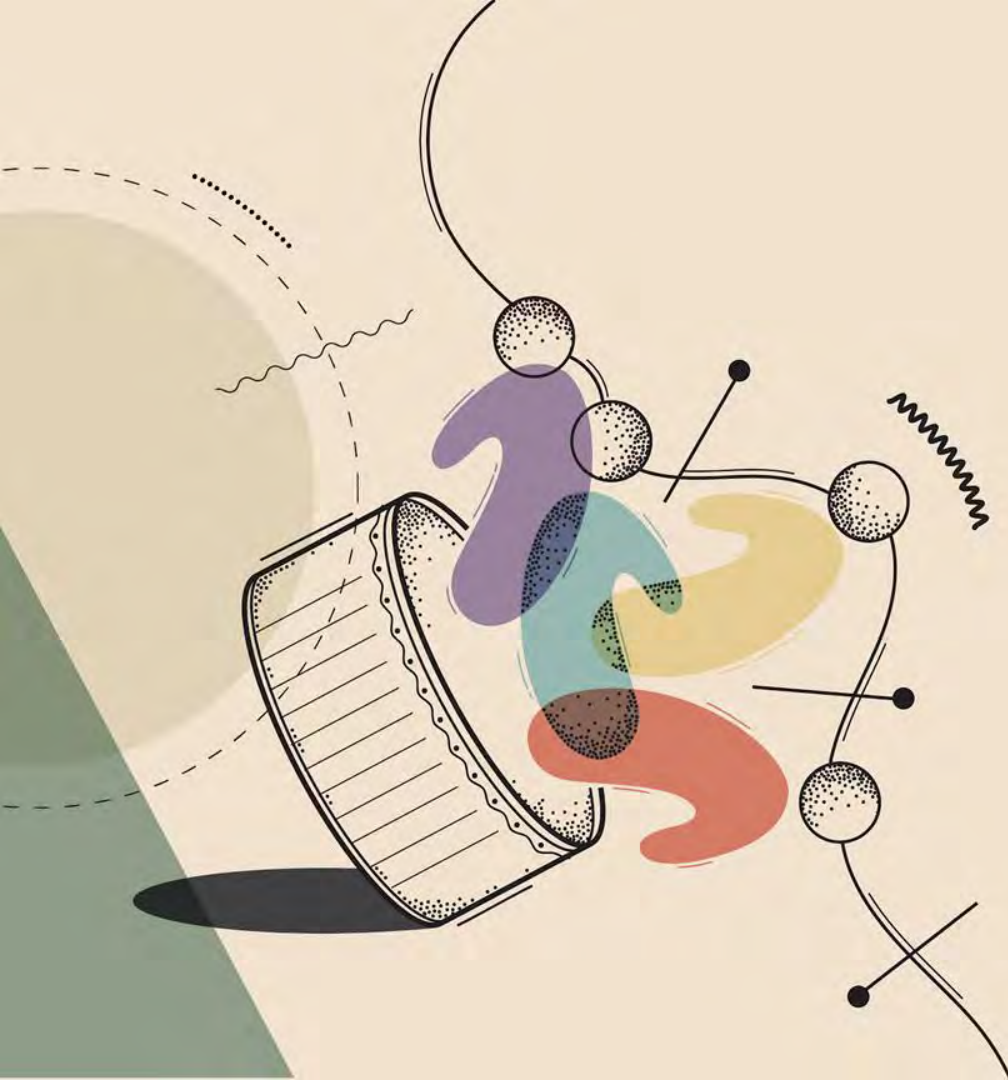
Flourishing in resonance: Promoting resilience through music and movement

Georgia Nicolaou

Composer • Educator • Researcher

 **Royal Conservatoire
Antwerp**

 **ARTIS PLANTIJN
HOGESCHOOL ANTWERPEN**

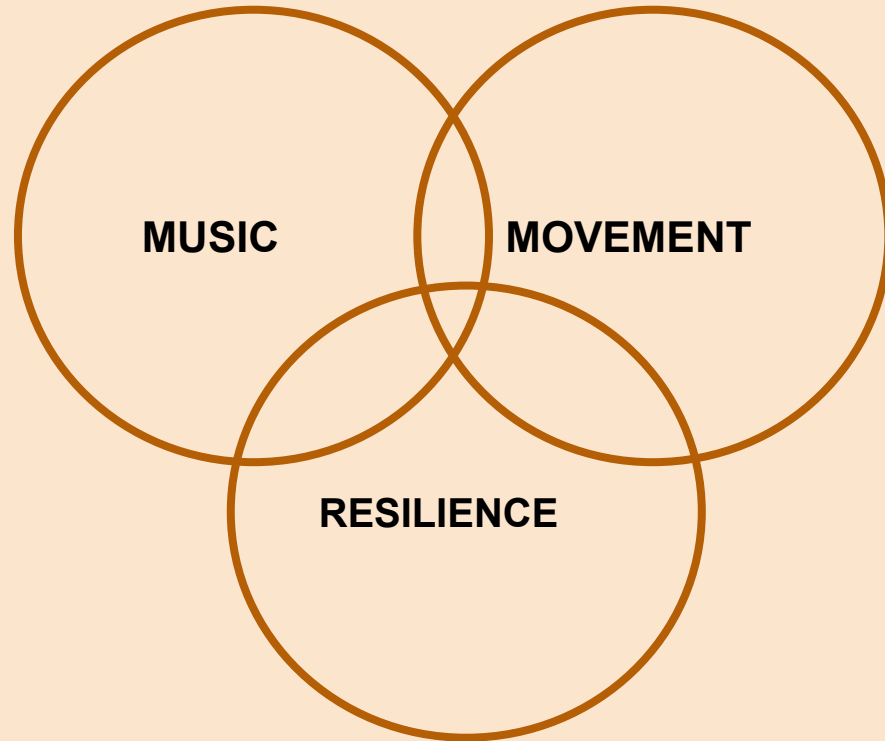


Article in Frontiers:

**Flourishing in Resonance:
Joint Resilience Building Through Music and Motion**

(Nijs & Nicolaou, 2021)





MUSIC

MOVEMENT

RESILIENCE



‘Teaching needs to generate an environment which is supportive and sufficiently flexible to facilitate the development of creativity and self-expression’ (Hallam, 2010)



- ❖ Connection
 - ❖ Exploration
 - ❖ Blending
 - ❖ Cooperation
 - ❖ Sharing
-



**Resilience in Resonance -
Promoting resilience through joint
music learning (Creative Europe
programme)**

- ❖ Belgium
- ❖ Cyprus
- ❖ Poland





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Moving in Musicking - Promoting social inclusiveness for children at risk

❖ Refugee Children in Belgium

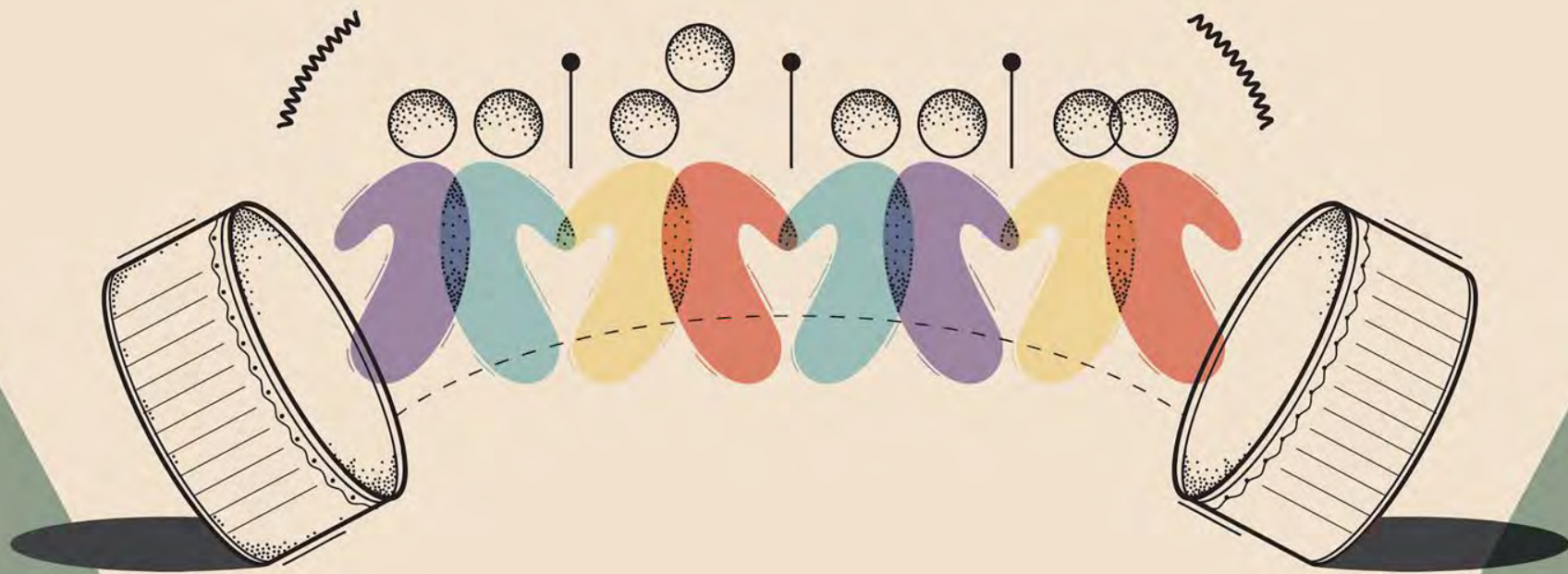
Pedagogical Documentation

- ❖ Joint Storytelling (De Schauwer et al., 2017)
- ❖ Drawing (Fortuna & Nijs, 2019,2020)
- ❖ Catching glimpses with devices & (Digital) Diaries (Volpe, 2018)
- ❖ Semi - structured Interviews & Observation (Fargas-Malet et al., 2010, Crawford, 2019)
- ❖ Video - stimulated recall (Morgan, 2007)

/connect

/explore

/share



Thank you for your attention!

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